



Transformative Psychology

helping people transform their lives

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August 2026

Notification of Charles Thermos' transition to retirement and closing private psychology practice

After over three decades of psychology practice I have decided to transition to retirement and I will be closing my private psychology practice (Transformative Psychology) on 18 March 2027.

I am no longer accepting any new referrals or clients.

I will be available for psychological support until 18 March 2027.

For current and past clients I am happy to provide you with a list of trustworthy colleagues in the last six months (i.e., from mid September 2026) of my transition to retirement. If you would like a copy of this list please email me.

With regard to the continuing management of a current or past client's psychology file, this will remain with me post my retirement date. It will be protected and stored by me in accordance with the requirements of Federal and State privacy principles and the Psychology Board of Australia (AHPRA) Code of Conduct for psychologists.

You can contact me via email if you want to know how you can gain access to your psychology file.

A client's psychology file will be destroyed by me seven years after the last occasion on which a psychology service was provided to them.

If you would like to ask any questions about my transition to retirement please let me know via email or SMS and we can make time for it.

Thank you for your support and for your trust in me with regard to your psychological work, as well as for your understanding and co-operation with this change and transition. It was a pleasure to work with you when we did.

Thank you too to all the medical practitioners who provided client referrals to me over the years. I am very grateful for your support.

I wish you all the best for your future and take care.

Charles Thermos
Director Transformative Psychology

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