



Transformative Psychology

helping people transform their lives

Professional Fees, Rebates and Cancellation Policy

Australian Psychological Society (APS) Recommended Fee 2021-22

This fee is set and recommended by the APS and is currently \$267.00 for a 46-60 minute consultation.

Agreed Payable Fee

This fee relates to what the psychologist and you have agreed that you will pay for the consultation prior to it. Currently a one hour (usually around 50-55 minutes) psychology consultation at Transformative Psychology is:

- \$200.00 for individuals(\$67.00 less than the APS Recommended Fee)
- \$220.00 for couples / groups(\$47.00 less than the APS Recommended Fee)

Subsequent consultations attract the same fee. Fees can be paid by bank transfer, cash or cheque before or at the end of the consultation. Payments with a credit card are not available.

Medicare Psychology Services and Rebates

Medicare rebates are available for eligible people with a diagnosed mental condition (disorder) to receive individual and/or group allied mental health (psychology) services through the Medicare Better Access Program. Rebates for these services are available to people who have been referred by a medical practitioner managing the person under a Mental Health Treatment Plan (MHTP) with a valid referral, or on referral from a psychiatrist.

From 1 January 2013 these Medicare psychology services have been provided in two sets: an initial series of six services, and up to a further four services following a review by the medical practitioner, after the initial six services. Your medical practitioner will provide a new referral for these additional services, if they are required.

From 9 October 2020 the Australian Government made available ten additional Medicare subsidised psychology services for eligible people each calendar year. These extra services are for people experiencing severe or enduring mental health impacts from the COVID-19 pandemic, and the measures needed to contain it. To access these additional services (i.e., Sessions 11-20) after the initial ten, you will need to be reviewed by your medical practitioner, who will provide you with a new referral for them.

Medicare psychology services can also be accessed through the Medicare Chronic Disease Management services. Your medical practitioner and/or psychologist can provide information to you about them, if they are made available.

To receive a rebate from Medicare for any psychology services, you will require and be provided with a tax invoice with the relevant Item Number for the service provided by your psychologist. This must be paid in full before you can claim a rebate. Charles Thermos will provide details about current rebate amounts. He is a registered provider of Medicare psychology services. Any updates to accessible Medicare psychology services will be provided by him.

Rebates from Private Health Funds and Other Third Party Agencies

Charles is a registered provider of psychology services with the major private health funds, Victorian WorkSafe Authority (VWA), Transport Accident Commission (TAC) and the Department of Veterans' Affairs (DVA). People with private health insurance may be eligible for a rebate, depending on their level of cover and associated benefits. Please contact your health fund for further information. Charles will explain fees, rebates, and claiming processes regarding third party agencies.

Please note: a person who is referred through the Medicare Better Access Program cannot claim both a Medicare rebate and a rebate from their private health fund.

Cancellation Policy

A minimum of 48 hours notice is required for cancelling or rescheduling consultations. Otherwise the full agreed payable fee will be incurred. Cancellation notice periods and payable fees apply to all psychology services, including those funded by third party funding providers (i.e., VWA, TAC, DVA and VACU). If your cancelled or rescheduled consultation can be offered to another person prior to your scheduled appointment time the cancellation fee(s) will not apply. In a 'medical emergency' the cancellation fee will not apply if you can provide written evidence from your medical practitioner. If you do not attend at all you will be charged the full consultation fee. For Medicare psychology services, a Medicare funded consultation cannot be used to cover a cancelled consultation, nor can a cancelled consultation be counted as one of your allowable Medicare psychology services.

You can discuss any queries or concerns about the Professional Fees, Rebates and Cancellation Policy with Charles.

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