



# Transformative Psychology

helping people transform their lives

## Professional Fees, Rebates and Cancellation Policy

### Australian Psychological Society (APS) Recommended Fee

This fee is set and recommended by the APS and currently it is \$260.00 for a 45-60 minute consultation.

### Agreed Payable Fee

This fee relates to what the psychologist and you have agreed that you will pay for the consultation prior to it. Currently a one hour (usually around 50-55 minutes) psychology consultation at Transformative Psychology is:

- \$185.00 for individuals ..... (\$75.00 less than the APS Recommended Fee)
- \$205.00 for couples / groups ..... (\$55.00 less than the APS Recommended Fee)

Subsequent consultations attract the same fee.

Fees can be paid by cash, bank transfer or cheque before or at the end of the consultation.

### Medicare Item Numbers and Rebates

From 1 November 2006 new Medicare rebates became available for eligible clients with a mental disorder to receive individual and/or group allied mental health services through the Medicare Better Access Program. Your psychologist will let you know the maximum number of individual and/or group psychology services you can access per calendar year. Rebates for these services are available to clients who have been referred by a medical practitioner managing the client under a Mental Health Care Plan (MHCP), including a valid referral, or on referral from a psychiatrist or paediatrician.

From 1 January 2013 these Medicare psychology services were provided in two sets:

- an initial series of six services with a review by the referring medical practitioner after these services
  - up to a further four services following a review and with a referral from the medical practitioner, if they are required.
- Updated information will be provided by your psychologist.

To receive a rebate from Medicare for these services, clients will require and be provided with a tax invoice with the relevant Item Number for the service by your psychologist. Charles Thermos is a registered provider of Medicare psychology services.

Updates and changes to accessible Medicare psychology services, Item Numbers and rebates will be provided by him.

### Rebates from Private Health Funds and Other Agencies

Charles Thermos is a registered provider of psychology services with the major private health funds, Victorian WorkSafe Authority (VWA), Transport Accident Commission (TAC) and the Department of Veterans' Affairs (DVA). Clients with private health insurance may be eligible for a rebate, depending on their level of cover and associated benefits. Please contact your health fund for further information. Charles Thermos will explain fees, rebates, and claiming processes regarding other agencies.

Please note: a client referred through the Medicare Better Access Program with a Mental Health Care Plan cannot claim both a Medicare rebate and a rebate from their private health fund.

### Cancellation Policy

- Minimum of 48 hours notice is required. Otherwise the full Agreed Payable Fee will be incurred.

Cancellation notice periods and payable fees apply to all psychology services, including those funded by third party funding providers (i.e., VWA, TAC, DVA and VACU). If your cancelled, postponed or rescheduled consultation can be offered to another client prior to your scheduled appointment time the cancellation fee(s) will not apply. In a 'medical emergency' the cancellation fee will not apply if you can provide written evidence from your medical practitioner. If you do not attend at all you will be charged the full consultation fee.

For Medicare psychology services, a Medicare funded consultation cannot be used to cover a cancelled consultation, nor can a cancelled consultation be counted as one of your allowable Medicare psychology services.

**Please discuss any queries or concerns about the Professional Fees, Rebates and Cancellation Policy with your psychologist Charles Thermos.**

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