



Transformative Psychology

helping people transform their lives

2020 - Charles Thermos' Leave Details (Jul/Aug) / Professional Support Arrangements

I will be on leave from Monday 20 July until Sunday 16 August (inclusive).
My **final day of practice** will be Friday 17 July. I will resume practice on Monday 17 August.

During my leave period **I will not be contactable.**

The following **psychologists, telephone support services and CATT services (free)** can be contacted during my leave period, if required.

You may also contact your **general practitioner** and/or **psychiatrist**.

Nexus Psychology **9500 0751**

Comprised of a team of psychologists, including two (i.e. Vanessa & Tania) at Chapel Gate Medical Centre.

Peter Charleston, Psychologist **0413 135 208**

Level 2, Suite 210 / 370 St Kilda Road Melbourne

Heather Marriott, Psychologist **0413 125 837**

324 Queens Parade Fitzroy North

Lifeline (24 hours)	13 11 14
Suicide Line Victoria	1300 651 251
Suicide Call Back Service	1300 659 467
Beyond Blue	1300 224 636
MensLine Australia	1300 789 978
GriefLine	1300 845 745
Parentline VIC	13 22 89
OCD and Anxiety Helpline	1300 269 438 or 9830 0533
COVID-19 Hotline	1800 020 080

Crisis Assessment and Treatment Services (CATT)

Inner South East (Pahran)	1300 363 746
Outer East (Maroondah)	1300 721 927
Middle South (Clayton)	1300 369 012
North East (Heidelberg)	1300 859 789
Inner & North West (Melbourne)	1300 874 243

May we all be safe and well through this period.

Charles Thermos - Director & Psychologist