



# Transformative Psychology

helping people transform their lives

## Professional Fees, Rebates and Cancellation Policy

### Australian Psychological Society (APS) Recommended Fee

This fee is set and recommended by the APS and currently it is \$228.00 for a 46-60 minute consultation.

### Agreed Payable Fee

This fee relates to what the psychologist and you have agreed to pay for the consultation prior to this.

Currently a one hour (usually around 55 minutes) psychology consultation at Transformative Psychology is:

- \$155.00 for individuals ..... (\$73.00 less than the APS Recommended Fee)
- \$170.00 for couples / groups ..... (\$58.00 less than the APS Recommended Fee)

Subsequent consultations attract the same fee. Fees can be paid by cash, bank transfer or cheques before or at the end of the consultation.

### Medicare Item Numbers and Rebates

From 1 November 2006 new Medicare rebates became available for eligible clients with a mental disorder to receive individual and/or group allied mental health services through the Medicare Better Access Program. A client can access up to a maximum of ten individual and ten group services per calendar year.

Rebates for these services are available to clients who have been referred by a medical practitioner managing the client under a Mental Health Care Plan (MHCP), or on referral by a psychiatrist or paediatrician.

From 1 January 2013 these Medicare psychology services are provided in two sets:

- an initial series of six services with a review by the referring medical practitioner after these services
- up to a further four services following a review and with a referral from the medical practitioner, if these are required.

To receive a rebate from Medicare for these services clients will require a tax invoice with the relevant Item Number for the service. This will be provided by your psychologist. Psychologists at Transformative Psychology are registered providers of Medicare psychology services.

### Rebates from Private Health Funds and Other Agencies

Psychologists at Transformative Psychology are registered providers of psychology services with the major private health funds, Victorian WorkSafe Authority (VWA), Transport Accident Commission (TAC) and the Department of Veterans' Affairs (DVA). Clients with private health insurance may be eligible for a rebate, depending on their level of cover and associated benefits. Please contact your health fund for further information. Your psychologist will explain fees, rebates, and claiming processes regarding other agencies.

A client referred through the Medicare Better Access Program with a Mental Health Care Plan cannot claim a Medicare rebate and a rebate from their private health fund.

### Cancellation Policy

- 0 - 48 hours notice ..... Full Agreed Payable Fee
- 48 - 72 hours notice ..... 50% of Agreed Payable Fee

If your cancelled, postponed or rescheduled appointment can be offered to another client prior to your scheduled appointment time the above fee(s) will not apply. If you do not attend at all you will be charged the full consultation fee.

In 'Medical Emergencies' the fee may not apply if you can provide written evidence from your medical practitioner that you were unable to attend due to a medical emergency.

For Medicare psychology services, a Medicare funded consultation cannot be used to cover a cancelled consultation if a psychology service is provided through the Medicare Better Access Program as this needs to be delivered in person, or can a cancelled consultation be counted as one of your allowable Medicare psychology services.

**Please discuss any queries or concerns about the Professional Fees, Rebates and Cancellation Policy with your psychologist.**

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